SO WHAT

- How did Jesus show the full extent of His love for us (1 John 3:16)?
- What did Jesus reply to Peter when he refused to have his feet washed (John 13:8)? What do you think was wrong with the condition of Peter's heart?
- What was Jesus' command after He washed His disciples' feet (John 13:14)?

NOW WHAT

- In your own words, what is true humility? Why is it important?
- In what way can you display true humility? Give an example.
- What things in your life do you think hinder's you from following Jesus' example? Why?

PRAYER

- Pray that God would give you humility in your heart and the strength to follow Christ and His example.
- Ask God to reveal Jesus more to you so you can follow His example.
- Pray for your loved ones, friends, and classmates that they, too, may have a revelation from God of what it means to be truly humble.



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WEEK 3

Humility



CONNECT

- Tell of a time when someone hosted you for dinner. How did you feel about it?
- Given a choice between being a leader and a follower, what would you choose? Why?
- What comes to mind when you hear the word, "servant?" Why?



WORD

³Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. JOHN 13:3-5

WHAT

The night before His crucifixion, Jesus modeled something that the disciples will never forget—Jesus washed their feet. At that time, this act was a religious custom typically done by Gentile slaves and not by Jews (Exodus 21:2; Leviticus 25:39, 46) and certainly not by masters! How come Jesus, whom they knew as the Son of God, Teacher, and Lord, would stoop down and humble Himself this way? Here are some things we can learn from Him.

True humility is impossible apart from your relationship with God.

Jesus gave them this answer: "I tell you the truth, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does." JOHN 5:19

In His own words, Jesus did only what He sees the Father doing. In fact, his relationship with the Father led him to do nothing by Himself. This truth is where true humility is grounded. We emulate Jesus' example of humility on the basis of a personal relationship with God. Why do you think having a personal relationship with God is important to learning true humility?

2 Jesus showed that true humility is compelled by God's love.

...⁴so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. JOHN 13:4,5

Slaves wash the feet of their masters because they are expected to do it and not primarily out of love. On the other end, it is disgraceful for a master to assume the role of a servant. However, Jesus, regardless of His position, humbled Himself and took on the role of a servant (Philippians 2:7) out of His love for people. Why do you think humility must be compelled by God's love?

3 Jesus expects every believer to follow His example. "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet." JOHN 13:14

Jesus' call for believers to serve one another is in the context of spiritual family. The act of washing the feet denies self-will and chooses to serve others. This is the example set by Christ for us to follow. How will you put into practice what Jesus says in Matthew 20:27?