SO WHAT

- What can you emulate from David when you are faced with hopelessness?
- Who do you call on first whenever you are facing challenges? Why?
- How convinced are you that God loves you? If not, what could be hindering you from believing His love?

NOW WHAT

- How can you encourage the people you know to run to God first whenever they are facing challenges?
- How can you practice humility in times of weakness? In what aspect of your life do you need to develop this more (home, school, work, etc.)?
- With whom can you share God's love this week? Pray for that person and believe God for openness and an opportunity to share the gospel.

PRAYER

- Pray and ask God to give you the strength in times of weakness.
- Ask the Holy Spirit to lead you to people whom you can pray for and share the gospel with. Pray that each person will embrace God's love.
- Believe God for wisdom, strategy, and the right words as you encourage those around you who are undergoing hardships.



Copyright © 2013 Permission to photocopy this material from Victory® is granted for local church use. This is not for sale. victory.org.ph

WEEK 2

Source of our Strength



NOTES

CONNECT

- What activity or exercise do you find yourself weak at or you need to improve on? Why?
- What is one thing that you like best in the people around you who are helping you in your faith walk?
- Have you ever been put on the spot to make a decision right away? How did you respond?

WORD

⁹When David learned that Saul was plotting against him, he said to Abiathar the priest, "Bring the ephod." ¹⁰David said, "O LORD, God of Israel, your servant has heard definitely that Saul plans to come to Keilah and destroy the town on account of me....¹⁴David stayed in the desert strongholds and in the hills of the Desert of Ziph. Day after day Saul searched for him, but God did not give David into his hands." 1 SAMUEL 23:9,10,14

WHAT

David chose to seek God despite being persecuted and sought by Saul for his life. He humbled himself before the Lord and asked His direction in fervent prayer. Have you been in that desperate place? Where did you find your strength? Like David, we too can call on Jesus in times of trouble. Here's why.

Jesus is the Source of our strength.

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." JOHN 16:33

Jesus said that we will have trouble in this world, but He also promised that we could have peace through Him and through His Word (John 16:33). We can have strength because Jesus has overcome all worldly troubles through His finished work on the cross. How does this truth help you?

2

Jesus modeled a life of humility in times of weakness.

When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. 1 PETER 2:23

Just as David had served King Saul and yet was persecuted in return, Jesus was insulted by the very people He laid down His life for. And yet despite all these, Jesus remained humble. Why is it important that we humble ourselves in times of weakness?

3 Jesus is our greatest reminder of God's love for us. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. 1 JOHN 4:9

If David had Jonathan who reminded him of God's promise (1 Samuel 23:17) for his life, we too have Jesus who is not only our strength but also the greatest reminder that God loves us. Through Christ, we face our challenges with strength out of the confidence that His love brings. Why is Jesus the greatest proof of God's love for us? How should we respond to this love?