SO WHAT

- What is one thing that you learned from this lesson that will be very helpful to your situation right now?
- If you were Daniel and his friends and have been taken into captivity, do you think you will be able to do the same thing by making a stand not to defile yourself? Why? Why not?
- What did God do for Daniel and his friends after taking their own diet for ten days (Daniel 1:17)? What does this teach you about trusting God?

NOW WHAT

- What action step can you do to develop strong convictions in your life? When and how do you plan to do it?
- Give one present situation in your life you think you need to make a stand for God. What is giving you a hard time to do so?
- We can make a stand to say no to sin and honor God with our decisions because He is always with us. Look for opportunities to share His Word to your family and friends.

PRAYER

- Pray for courage to say 'no' to any influence that you know will lead you to sin against God.
- Ask the Holy Spirit to give you the wisdom and the words to speak whenever you need to make a stand in front of opposition.
- Pray that God will continue to surround you with the right people who will help you in your walk with Him.



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Stand for God



NOTES	

CONNECT

- What is one decision that your parents made for you that you are thankful for?
- Have you ever experienced making a serious decision? What was it like? Share your story.
- What comes to mind first when you hear the word "choice? Why do you say so?



⁸But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way. ⁹Now God had caused the official to show favor and sympathy to Daniel . . . DANIEL 1: 8.9

WHAT

In 605 B.C., when Jerusalem fell into the hands of Babylonians, some Judean young men from the royal families and nobilities that possess exceptional qualities have been qualified and selected to be trained with the language and literature of Babylon for three years and after that to enter the king's service. Among these were Daniel, Hannaniah, Mishael and Azariah who have resolved not to sin but to make a stand for God in a pagan environment. What can we learn from them?

1 We need to understand the Word of God.

But Daniel resolved not to defile himself with the royal food and wine . . . DANIEL 1:8

Daniel and his friends resolved not to doff a thomselves

Daniel and his mends resolved not to defile themselves
with food and drinks that were offered to idols first before
being served. This may seem a brave enough stand as it is
but above all, Daniel and his friends understood the laws of
God through Moses (Leviticus 11; 17). Why do you think it is
important that you understand the Word of God in order to
make the right decision and not compromise?

2	You	need	to	make	а	stand	today.
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"Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink." DANIEL 1:12

	Daniel did not make a stand before it was too late. When he had the opportunity, he spoke with the guard and bravely arranged with him to give them a different diet for ten days and after that, to test and compare them with the young men who eat the royal food and deal with them according to the outcome. Why it is important to make a stand even before the battle begins?
3	You need to trust in God everyday. Trust in the Lord with all your heart and lean not on your own understanding. PROVERBS 3:5
	The Bible is clear that we should trust the Lord with all of our hearts and rely not on our own selves. Just like Daniel and his friends, they trusted the Lord amidst the difficulties they were in. They knew that apart from God, they could do nothing. They dared to violate a king's rule because the King of kings was on their side! Why do you think we should trust God daily in our lives?