

PRACTICAL
FAITH SERIES

Overflow

SIX BIBLE STUDY LESSONS
FOR GROUP DISCIPLESHIP



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FOR GROUP DISCIPLESHIP



EVERY NATION
P R O D U C T I O N S

How to Use this Material

In Victory, the primary venue for discipleship happens in a small group. It is called a Victory group. We strongly encourage everyone to be involved since these groups are specifically designed to help disciples grow spiritually.

A Victory group meeting has three sections: **Connect**, **Word**, and **Prayer**, and ideally lasts from forty to sixty minutes.

CONNECT (5-10 minutes)

Victory group meetings begin with a time to relate with one another. Depending on the people who comprise the group, this can be done through a variety of ways:

- Fun—such as an icebreaker activity
- Answered prayers—sharing of testimonies and updates
- Questions—such as those provided in the material, learning each other’s personal stories, and sharing feedback from the weekly message

Effective Questions During the Connect Portion:

- Are deliberately friendly to first-timers
- Ask for opinion or experiences
- Require no Bible knowledge
- Have no right or wrong answer
- Are not controversial
- Are preferably connected to the meeting’s topic

OVERFLOW

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WORD (20-30 minutes)

Teach the truth and relevance of God's Word for life application. The Victory group meeting is not primarily a Bible study. Although teaching and explanation of Scripture is involved, the goal is to minister, not finish a material.

There is no need to teach all the points in a material.

Within this section, we look at what the Bible says, its relevance to us today, and its application in our lives.

What: *What does the Bible say?*

Communicate and impart biblical truth clearly and concisely.

¹⁶All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷so that the man of God may be thoroughly equipped for every good work. 2 TIMOTHY 3:16,17

Tips for Sharing the Word Effectively

- Let the Bible speak for itself.
- Use illustrations and tell stories to explain Bible verses.
- When entertaining clarifications, be watchful not to allow the discussion to go off-tangent.
- The primary goal is to minister to the needs of the people, not to finish a Bible lesson.
- Be led by the Spirit when using the material.

So What: *What is the relevance of the Word to my life?*

Give participants the opportunity to discuss how the Word impacts the way they live.

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

ROMANS 12:2

Now What: *How do I apply the Word to my life?*

Our primary reason for sharing the Bible is so that people will know who God is and what He has done. In doing so, the participants will begin to discover who they are and what they should do.

If it is a promise, teach them to claim it. If it is a command or a principle, encourage them to put it to action by God's grace. If it is a truth, let them embrace it willingly and not under compulsion. Allow God's grace and love to win them by the way you teach God's Word.

Encourage specific, measurable action steps that are consistent with the life change that the Scripture is bringing about. We do not command people, but we spur them on toward love and good deeds.

Do not merely listen to the word, and so deceive yourselves.

Do what it says. JAMES 1:22

Tips for Life-Changing Application

- You may choose one of the "So What" and "Now What" questions or you may add your own.
- An effective standby application question is: "What one action step are you going to take as a result of what you heard today?"
- Designate who will be the first to answer the question asked.
- Do not allow someone to argue or be critical of others.
- Remind everyone to apply the lesson to their own lives, not to someone else's.
- Ask God for wisdom to know when to balance or correct strange or unbiblical applications. Insensitive correction or criticism can kill the group, as can unchecked heresy.
- Remind everyone that transformation is God's work, not ours, and our obedience is a response to who He is and His love for us. It is God's grace that enables us to apply and obey His Word.

PRAY (15-20 minutes)

Prayer is the most important part of the Victory group meeting. Make sure you have plenty of time left so your prayer time is not rushed. This is not a “closing prayer,” but a time for everyone in the group to take specific requests to God. This is where the action is. The goal is to create a venue where people will see God move on their behalf.

“Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven.” MATTHEW 18:19

Tips for Powerful Prayer

- Listen to the Holy Spirit carefully during the Connect and Word sections for things that may need prayer.
- Spend your time praying for one another, not sharing and discussing prayer requests.
- Keep your prayers simple, sincere, and short. Most non-believers have never heard an ordinary Christian just talk to God and will be touched by the sincerity and simplicity of the prayer.
- Pray, don’t preach. Pray in simple and short sentences, not long “sermon prayers.”
- Use conversational prayer, not complicated or profound, intercessory prayer.
- Expect God to answer your prayers.

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1

Covenant

CONNECT

- If money weren't an issue, what's one thing you wish you could buy today?
- Growing up, who helped provide for you? What kind of relationship did you have with him or her?
- Who is the person in your life that you trust and rely on the most? Why do you trust him or her so much?

¹The LORD had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you. ²I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. ³I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you."

GENESIS 12:1-3

WHAT

God initiated a covenant or a relationship of commitment with Abraham for him to become a source of blessing for the rest of humanity. In what He told Abraham, He repeatedly mentioned the word "bless" to emphasize the hope that, through Abraham, people may experience God's favor, reversing the curses that humanity suffered because of sin (Genesis 3-11). In this lesson, let's see how God's promise of blessing to Abraham applies to us today.

1 God invites us to trust in Him alone.

The LORD had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you." GENESIS 12:1

God's invitation to Abraham challenged him to abandon his source of identity and security and go to a place where the only person he could trust would be God. However, had Abraham refused God, he would not have seen the promises of the covenant come to pass (Genesis 12:4, Hebrews 11:8). God's call is the same for us today, inviting us to trust in Him alone and no longer in things or people we look to for our needs.

How did you respond to this invitation? Why did you follow God?

2 God offers us security and a legacy.

²"I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. ³I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you." GENESIS 12:2,3

"I will establish my covenant as an everlasting covenant between me and you and your descendants after you for the generations to come, to be your God and the God of your descendants after you." GENESIS 17:7

God's promise to Abraham covered everything he needed and more. Though Sarah, his wife, was barren and they waited a long time to see God's promise fulfilled, how did God come through for Abraham and Sarah?

How has God come through for you?

3 God blesses us so we can be a blessing.

²"And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. ³I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed." GENESIS 12:2,3 (ESV)

Not only did God bless Abraham and his family; His covenant was meant to bless the whole nation of Israel and the world, making everyone who will put their trust in Jesus "Abraham's seed" (Galatians 3:29).

What does it mean to be a blessing?

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SO WHAT

- What do we normally put our trust in? How will these things and/or people eventually disappoint us?
- How is the security God offers different from the security the world offers?
- In what ways can we be a blessing to those who don't know God yet?

NOW WHAT

- Do you trust God alone? In what area do you need to trust Him more? How can you grow in your relationship and trust Him more this week?
- What decisions can you make today to receive and live according to God's promises of security and legacy?
- With whom can you share the gospel this week? How can you be a blessing to him or her?

PRAYER

- Thank the Lord for inviting you to a fuller life under the Lordship of Jesus, the Provider of everything we need.
- Ask the Holy Spirit to reveal areas in your life where you are not trusting God and pray for grace to start trusting in Him alone.
- Pray for opportunities to boldly speak to family and friends about the blessings that Jesus brings. Thank the Holy Spirit that He is already working and preparing their hearts.

2

The Importance of Purpose

CONNECT

- If money weren't an issue, what would you do with your life? Why?
- What factors do you usually consider before making a decision?
- What is one thing you love doing that you would still do even if you didn't get paid for it?

¹The LORD had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you. ²"I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. ³I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you."

GENESIS 12:1-3

WHAT

God's promise of provision to Abraham came after His call. This tells us that provision follows purpose. So many times, we make decisions based on how much money we have. However, in God's economy, when we know and follow His will, it's going to be His bill. In this lesson, we will look at how important purpose is.

1 Know God's purpose for your life.

"I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing."

GENESIS 12:2

Knowing God's plan for our lives should be our priority. God has a purpose for each one of us (Jeremiah 29:11, Ephesians 2:10) and it is His will for us to know it (Romans 8:28). God revealed His purpose for Abraham first before giving him the provision for his calling. Therefore, the best question we can ask ourselves is not "Where will I make more money?" Rather, ask "What is God's will for me?"

What is purpose?

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2 Realize that your purpose is to be a blessing.

"I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you." GENESIS 12:3

It is God's idea to bless us. And when we know and follow God and His will for our lives, blessings are sure to come (Matthew 6:33). God blessed Abraham not only for his sake, but so that others may be blessed through his life. When we are blessed as we follow God's call, remember that it is to benefit others as well.

What blessings in your life have also helped others? How?

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3 Follow God's purpose for your life.

By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going. HEBREWS 11:8

And my God will meet all your needs according to His glorious riches in Christ Jesus. PHILIPPIANS 4:19

Abraham obeyed God without seeing the whole picture. Obeying the purpose of God is even more important than knowing our purpose, and it springs from trusting Him completely (Proverbs 3:5,6). As we follow God, He promises to provide for us.

How did God fulfill His promises in Abraham's life as Abraham obeyed?

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SO WHAT

- How do you think we can know God’s purpose for our lives?
- How does knowing that God’s provision follows His purposes affect you right now? How does the truth that God intends to bless you and make you a blessing encourage you?
- What usually prompts you when making decisions (money, family or peer pressure, etc.)? How can you honor God through the decisions you make?

NOW WHAT

- What do you think is God’s purpose for your life? How can you live it out every day?
- How can you be a blessing this week?
- What decisions do you need to make to help you better follow God’s purpose for your life?

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- Thank God for who He is in your life and for His purpose for you.
 - Ask God to help you obey and follow Him always. Ask Him for wisdom in decision-making, that He will take care of your needs.
 - Speak a blessing over someone in your Victory group today.

3

God is a Good Father

CONNECT

- What is one of the best gifts you received when you were a child? Tell us about it.
- What is your usual response when you are faced with a problem or need? Why do you think you have that tendency?
- What is one quality you appreciate most about your father? Recall a specific instance explaining this.

9"Which of you, if his son asks for bread, will give him a stone? 10Or if he asks for a fish, will give him a snake? 11If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"

MATTHEW 7:9-11

WHAT

The way we relate to our fathers depends on our experiences with them growing up. Many who grew up having stingy and ill-tempered fathers tend to hesitate to ask for help from them. But those who grew up with generous and approachable fathers are probably more confident and honest to come to them. The Bible says that God is our Father, and we are His children. This is primarily how He revealed Himself to us. Even if we may not have had good earthly fathers, we have a good Heavenly Father.

1 God gives good gifts.

"If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"

MATTHEW 7:11

Naturally, earthly fathers want what is best for their beloved children even if they are not perfect and have limitations. However, our Heavenly Father, who is limitless, assures us time and again that He is a giver of good gifts (Psalm 84:11, James 1:17).

What are "good gifts"? What's the best gift God has given you?

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2 God heeds our prayers for provision.

7"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened." MATTHEW 7:7,8

The Bible says that we can come to God for anything we need. It assures us further that God knows our needs even before we ask (Matthew 6:8). If that is so, why do we still need to pray to God for our needs (James 4:2, Philippians 4:6)?

What do we show when we come to God whenever we have a need or concern?

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3 God is faithful.

Jesus Christ is the same yesterday and today and forever.

HEBREWS 13:8

Let us hold unswervingly to the hope we profess, for he who promised is faithful. HEBREWS 10:23

God is faithful, even when we are not. He doesn't change. He is who He says He is and He does what He says He will do.

How have you seen God's faithfulness in your life?

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SO WHAT

- Why do you think God is good to us? How does this affect your confidence in Him?
- When facing a need, where do you tend to go for help first? What have you learned from this lesson that can help you develop the habit of running to God?
- How convinced are you that God is more than willing to provide for your needs?

NOW WHAT

- Do you believe God is a good Father? How can you grow in your relationship with Him this week?
- What are your needs right now? Ask God to provide for you and for faith to trust in His goodness and faithfulness.
- Have you studied what the Bible says about God’s provision? How can you go deeper in the Word this week?

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- Thank God for being a good Father. Thank Him for every blessing you have received from Him. Pray that you would have a grateful heart at all times, no matter what circumstance you face.
 - Pray that the Holy Spirit will reveal His faithfulness to you as you read your Bible regularly. Pray that you will know more about His goodness, ability, and desire to give you what is best for you. Pray that you will trust Him more.
 - Ask God to provide for your needs and to make you a channel of His blessing.

4

Stewardship

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- What decision did you have to make this week? Tell us about it.
- If you won a million pesos in a raffle, what would you do with it?
- Do you like taking responsibility? Why or why not? Recall a specific instance explaining this.

“Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much.” LUKE 16:10 (READ ALSO GENESIS 13.)

WHAT

God blessed Abraham with much, and throughout Genesis, we see how well Abraham stewarded these blessings. A steward is not an owner. Like Abraham, we need to understand that our lives and everything we have is God’s. We are His stewards, and He promises to bless us as we are faithful to Him. In this lesson, we will look closer at Abraham’s example and learn some principles on stewardship.

1 Abraham obeyed God concerning his calling and vocation.

⁴So Abram left, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he set out from Haran. ⁵He took his wife Sarai, his nephew Lot, all the possessions they had accumulated and the people they had acquired in Haran, and they set out for the land of Canaan, and they arrived there. GENESIS 12:4,5

God called Abram (renamed “Abraham” in Genesis 17:5) and promised to bless him so he can be a blessing to the nations. He obeyed in faith even though he did not know where he was going (Hebrews 11:8) because he believed that God would bless him and his family there.

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Many people would move to other countries for financial prosperity, but what was Abraham’s reason for moving?

2 Abraham responsibly managed his possessions.

He treated Abram well for her sake, and Abram acquired sheep and cattle, male and female donkeys, menservants and maidservants, and camels. GENESIS 12:16

Abram had become very wealthy in livestock and in silver and gold. GENESIS 13:2

Looking at how Abraham had prospered since he followed God’s call (Genesis 12:5), we can say that he was a responsible steward of the blessings God gave him. The Lord blessed him abundantly and he became a wealthy man (Genesis 24:35).

What does Jesus say about good stewards in Luke 16:10?

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3 Abraham set his heart on God, not on his possessions.

³From the Negev he went from place to place until he came to Bethel, to the place between Bethel and Ai where his tent had been earlier ⁴and where he had first built an altar. There Abram called on the name of the LORD.

GENESIS 13:3,4

Abraham called on the name of the Lord and constantly worshiped Him (Genesis 12:8). His heart was not on material things, but on the Giver of the blessings. Psalm 62:10 cautions us, “though your riches increase, do not set your heart on them.”

Even as God prospers us, what tendencies should we guard our hearts from?

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SO WHAT

- What is the difference between a steward/manager and the owner/master?
- Why do you think God entrusts more to those who have been faithful with little? Why does He want to trust us with more?
- How does the biblical principle of stewardship differ from the world’s pull for material possessions? How do you think we can guard against this?

NOW WHAT

- How can you set your heart on God and seek Him this week?
- How can you be a better steward of your life, family, and blessings starting this week? What “little” area do you need to be more faithful with?
- What are some of your short-term financial plans and goals for you and your family? What are you doing about these plans now?

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- Thank the Lord for how He has blessed you in your relationships, health, work, business, or studies. Pray that you will be a faithful steward of everything He has entrusted you with.
 - Ask the Holy Spirit to guide you and give you wisdom as you make decisions. Pray that God will always be honored in your life.
 - Commit to set your heart on God, not on material possessions. Pray that you will value what matters most.

5

Tithing

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CONNECT

- What is your favorite movie of all time? Why do you like it so much?
- What is the most expensive gift you have ever given to someone? What was the occasion?
- How do you think you’d know if someone trusts you?

¹⁸Then Melchizedek king of Salem brought out bread and wine. He was priest of God Most High, ¹⁹and he blessed Abram, saying, "Blessed be Abram by God Most High, Creator of heaven and earth. ²⁰And blessed be God Most High, who delivered your enemies into your hand." Then Abram gave him a tenth of everything.

GENESIS 14:18-20

WHAT

Tithing was first mentioned here in the Scripture. Abraham tithed as an expression of his faith in God. In this lesson we will look at what tithing is and why we should still tithe today.

1 Tithing is giving of the first tenth to God.

"A tithe of everything from the land, whether grain from the soil or fruit from the trees, belongs to the LORD; it is holy to the LORD." LEVITICUS 27:30

Throughout the Bible, the tithe is considered sacred or devoted for God. A tithe is sometimes termed as "firstfruits" (Proverbs 3:9,10), which in the olden times signified the first and best parts of the crop or livestock people offer to God.

What did Abram's giving of the tenth signify (Genesis 14:18-20)? How does the tithe translate to us today?

2 Tithing is an act of worship.

⁴"You must not worship the LORD your God in their way. ⁵But you are to seek the place the LORD your God will choose from among all your tribes to put his Name there for his dwelling. To that place you must go; ⁶there bring

your burnt offerings and sacrifices, your tithes and special gifts, what you have vowed to give and your freewill offerings, and the firstborn of your herds and flocks."

DEUTERONOMY 12:4-6

Worshiping God is one of our greatest privileges, and one of the ways we do this is through our tithes. When we tithe, we are affirming our heart's devotion to Him.

Why do you tithe?
How and when did you become a tither?

3 Tithing is a way for God to bless us.

¹⁰"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it. ¹¹I will prevent pests from devouring your crops, and the vines in your fields will not cast their fruit," says the LORD Almighty. ¹²"Then all the nations will call you blessed, for yours will be a delightful land," says the LORD Almighty. MALACHI 3:10-12

God gave a multi-faceted promise in Malachi. He said that if we bring the whole tithe into the storehouse, He will open the floodgates of heaven to pour out His abundant blessings. Tithing releases the blessings for us and our families—not just provision, but also protection from things that would try to devour or snatch away those blessings from us.

How has God blessed you for honoring Him with your tithe?

SO WHAT

- How does tithing honor God? Since God owns everything, why do you think this practice was instituted?
- What are some of the challenges people have in giving their tithes back to God? What are some of your challenges in tithing?
- How does the truth that God owns everything affect the way you see your finances? How does the promise of abundant provision and protection encourage you to tithe?

NOW WHAT

- Are you giving your tithe to God? Do you believe God will fulfill His promise to you in Malachi 3:10-12? Are you willing to put Him to the test?
- Do you have a pressing financial need this week and you need God to come through for you? Are you in faith that He will? How can you apply today's lesson to your life?
- How can you grow in your understanding of the tithe? What promises from the Scripture about tithing can you meditate on to help you form the habit?

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- Thank God for the privilege of honoring and worshipping Him with your tithe. Thank God for His faithfulness and provision.
 - Pray for increased faith to believe God and His Word. Ask God to help you be faithful in giving your tithe.
 - Claim God's abundant provision and protection promised in Malachi 3 as you tithe and give to the Lord. Pray that you will be a channel of God's blessings to many people.

6

The Power of a Seed

CONNECT

- What was the highlight of your week? Tell us what happened.
- What is your favorite fruit? Why do you like it?
- Tell of a time when you planted something. How was your experience?

¹⁰Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. ¹¹You will be made rich in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. 2 CORINTHIANS 9:10,11

WHAT

Every harvest a farmer reaps starts from a seed. Each seed reproduces after its kind. This principle also applies to our finances, and we can experience provision and breakthrough as we understand the potential of a seed and sow the right one. In this lesson, we will learn three principles of the seed and see how it applies to our finances.

1 God gives us the seed to sow.

Now he who supplies seed to the sower and bread for food . . . 2 CORINTHIANS 9:10

God, our faithful Provider, gives us money for two reasons: for food (daily needs) and for sowing (to invest in His kingdom). Money is like a seed which we can either spend, save, or sow. We need to be wise with how we handle the seeds God gives us. A seed in our hands is the ability to give and be a blessing.

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Why is it wise not to eat all our seeds and use them all for our daily needs?

2 We sow a seed as we give.

⁶Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. ⁷Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. 2 CORINTHIANS 9:6,7

As we give to God, we are planting something in God's field. The seed we sow is key to our provision. Just as a farmer expects a harvest when he sows seeds into the field, when we trust and give to God, we release the faith to receive a blessing from Him.

How can we sow in God's kingdom?

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3 We reap more than what we sow.

You will be made rich in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.

2 CORINTHIANS 9:11

When a seed that is planted grows, it is expected to bear more of its kind. In the principle of sowing and reaping, our role is to sow or plant. It is God who makes the seed grow and multiplies it into more fruit. God provides us with this abundance not only for our benefit, but so that we can bless others who are in need.

How have you reaped more than what you have sown in God's kingdom? How have you been blessed as you have given to the Lord?

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SO WHAT

- How is the principle of sowing into the kingdom different from what the world prescribes? How is God's economy different from the world's economy?
- How does the promise of the harvest enable us to give cheerfully to God? What can we look forward to as we trust and obey God by giving?
- Why do you think it is easier to focus on what we don't have rather than on what we have? In what ways are we blessed? In what ways can we be a blessing?

NOW WHAT

- Do you believe that everything you have comes from God and that He desires to bless you? How can you grow in your relationship with Him this week?
- What need do you believe will be met by God as a result of you sowing a seed? What can you do in the next few days to show your trust in God's goodness?
- How can you sow in God's kingdom? Are you ready to sow and reap as the seed will grow?

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- Thank God for His faithfulness in your life. Thank Him for His blessings and provision.
 - Ask God to provide for your needs and to grow the seeds you have planted. Trust that God will always be faithful to you, even in a difficult situation or season.
 - Pray for wisdom and faith to obey God as He gives you seeds to sow. Pray that you will be a channel of God's blessing to many.

“I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing.”

GENESIS 12:2

Overflow is a series of six materials for group discipleship designed to help believers understand God’s desire to bless His people and how we are to walk in covenant with Him.

TOPICS INCLUDE:

- Covenant
- The Importance of Purpose
- God is a Good Father
- Stewardship
- Tithing
- The Power of a Seed



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